CHAPTER E BATTLEFIELDWINGS NEWSLETTER

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CHAPTER E BATTLEFIELDWINGS NEWSLETTER

APRIL 2008

www.battlefieldwings.com



CHAPTER E HOME OF THE REGION N EDUCATOR OF THE YEAR

BATTLEFIELD WINGS, VA-E



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CHAPTER E – DIRECTOR'S NEWSLETTER



April is here already and this year is going by fast. Even with the rain, some of us have been out and about this month.

On March 8th, Larry and Sylvia ventured down to Chapter U for their U Turn Boogie Dance Party. Larry tells me they had a good time, however, he was a bit disappointed because he was looking forward to laughing at the horrible singers during the karaoke part and he said everyone actually sang pretty good.

On the 15th and the 16th, Sly, Katina, Larry and I were in Lynchburg for the Horizons Program. This is a program that teaches that attitude is everything. Those graduating from the program will understand and appreciate the GWRRA philosophy of caring and sharing and the concept of motivational leadership. I am proud to announce that we all graduated and **you** will be the beneficiaries of our completing the program.

On the 19th, we had our monthly team gathering and wow, what a great turnout. Please try to make our April 16th gathering, we always have a great time and manage to give away cash and prizes.

On the 22nd, Larry presented a team riding seminar at Gander Mountain. Again, we had a good turnout not only from the "E" team but also from some of our surrounding chapters. Many thanks to Larry for the time and preparation he puts into the education seminars.

On a personal note, I was invited by my band mates to attend the first pro baseball game at the new Nationals Stadium on the 29th. This stadium is very nice

and it was easy to get to. I would like to see us put together a ride to a ball game this summer. Please let me know if you are interested.

On the 30th, a group of us braved the chilly weather for a dinner ride to Luigi's in Culpeper. In attendance were Butch, Nancy, Keith, Greg and Karen on bikes, and Mike, Keri, Dan, Martha Jo, Julie, and myself in cars.

We had a wonderful dinner, a lot of laughter, and the best part, there was an ice cream stand right next to the restaurant where we had to walk over to and check it out. It was so cold that even though Julie and Martha Jo got some ice cream, they sat in the car with the heater going full blast. Greg suggested that I turn on the a/c full blast and see how long it would take Julie to figure it out, but I reminded him that I had to spend the next 30 something miles in the truck with her. Please try to join us on our next dinner ride.

On April 5th, Debbie, Christian, Julie, and myself headed down to Chapter W in Chester for their spaghetti dinner. First, the food was great. For \$6 we had all the spaghetti, bread, and salad you could eat, plus some wonderful cake for dessert. They had a nice set up in a local church and even had an honest to goodness Italian waiter and waitress (alright, I'm stretching that one a bit, but is was pretty funny as a lady was dressed as the waiter and a guy was dressed as the waitress). We enjoyed visiting with other chapters and left with veeerrryyy full bellies. Well, that's it for now.

Hope to see you riding soon.

Gordon

CHAPTER E EDUCATOR NEWS

Back Seat Drivers (Aaah, I mean Riders)

[I have not written an article targeted solely at co-riders during my tenure as CE. I hope none of the VA-E co-riders have taken that as an indication that I minimize their importance in the overall motorcycle safety equation. I don't but I don't have any first hand experience to write from so have never felt I had any seat-of-the-pants learning experiences to share. I'm going to try to cover some "book knowledge" for co-riders this month but would like to encourage some VA-E co-rider to put pen to paper and write an article with their insights on how to maximize safety from the back seat. Any takers? I will relinquish this space for a month if I get any!]

Co-riders are wonderful. For one thing, they double the "seeing" power of the on-board operating crew. And, since sight is our most important sense when it comes to safely operating a motorcycle, this doubling can be a big advantage. For another thing, co-riders certainly enhance the enjoyment of touring on a Gold Wing for most riders. But, enough buttering up of VA-E co-riders; what should co-riders do to maximize safety for both rider and co-rider? The GWRRA Co-Rider seminar covers several things but I want to highlight two and suggest one thing that may not be in that seminar.

Co-riders ought to be prepared to take the handlebars if their rider becomes incapacitated.



This confrontation started when Gordon forcefully told me the CD newsletter article was more important than mine.



Then, Julie stepped in and mentioned that I was bigger than Gordon and he only had one good arm to fight with.



Unanimity was quickly restored -- the CE article is more important than the CD article.

I know the thought of your rider becoming incapacitated while riding is horrific but it is something that can happen. You may think "What's the use?" in such a situation. But, a motorcycle in motion will stay upright and continue relatively smoothly for quite some time if the rider removes his hands from the handlebars. So, there is some "use" in trying to reach the handlebars and resuming control of the motorcycle – you will have a few seconds to pull this off. You can do this and you should practice it on occasion. Have your rider slump down while you reach over and grasp the handlebars (DO THIS WITH THE MOTORCYCLE ON THE CENTERSTAND – I didn't need to say that, did I?). Then, try to use the front brake. You can't control the rear brake or the shifter but everything else is at your disposal (but the front brake is all you need – other things will take care of themselves). With this practice and the resulting confidence that you can take control, you won't panic if you ever have to use it.

Another thing co-riders should consider is taking MSF's Basic Rider Course (BRC). Even if you never intend to pilot your own motorcycle this can heighten your awareness of things your rider must do in various riding situations. It will also make you a believer in "countersteering" which will be helpful if you have to take control of the motorcycle. And, it is just plain fun. We see many people successfully complete the BRC who don't intend to get licensed and just wanted to see what motorcycling was all about. They leave the class with large smiles on their faces. Co-riders should also consider participating with their rider during parking lot practices. Some of the exercises are a little more aggressive than normal street riding (but at slower speeds) – feeling the corresponding sensations at these slower speeds should make you more relaxed and less startled if you feel them in a subsequent ride.

Finally, co-riders and riders should agree on a communication protocol for hazards and emergencies. If you see a car pulling into your lane and your rider apparently doesn't, a fairly excited verbal shout might be right. But a more subtle, even non-verbal communication (an agreed upon tap on the side, maybe) may be better way to point out less serious hazards as they present themselves during a ride. This is a purely personal thing – you and your rider should settle on what is right for both of you and develop a code that communicates as much information in as little time as possible.

Surely some co-rider in VA-E can come up with a more insightful newsletter article for co-riders than this one. I hope one of you will accept the challenge and write a future newsletter article describing firsthand safety insights gained from personal co-riding experiences.

Larry

CHAPTER E WEBDUDE NEWSLETTER

TECH TIPS FROM THE WEBDUDE

KEEPING A HARD DRIVE IN TIP TOP SHAPE

With the amount of information available for download on the Internet, it's easy to quickly fill up your valuable hard drive space and turn your computer into a sluggish, unresponsive monster. Keeping your hard drive clean is essential to the high performance that the latest computers can achieve. Fortunately, it's a simple process; one that can easily be performed on a regular basis and, with some organization, keep your computer running like a well-oiled machine.

You can discover how much hard drive space is available on your computer by accessing the DriveSpace program in your System Tools. A pie graph will show you the amount of used and unused space for each of your drives. Check this often to keep an idea of how much space you are using.

There are six simple steps to clearing up your hard drive:

1. Uninstall unused programs.

Many times a new program will come along that looks fun to have or play with, but after a week or two you simply stop using it. These programs clutter up your drive and take up valuable space. You might be tempted to delete these programs from your drive, but doing so will cause problems. You must use the uninstall function of Windows for the program to be removed safely and completely.

2. Clean out temporary files.

When your computer is not shut down properly, it will pass information from memory into fragmented files. Also, while you are running programs, your computer will write information that it does not immediately need into temporary files. Installation files will also expand themselves into the temporary folder and will not always clean up after themselves. You can delete these temporary files safely by using the Disk Cleanup option in your System Tools.

3. Empty your internet cache.

As you surf the internet your computer stores web pages and images into a temporary internet cache so that it can quickly recall and <u>access information</u> when you move back and forth between pages. This backup information can quickly add up and eat hard drive space.

Whether you use Internet Explorer, Netscape, or one of the many other browsers available, emptying out your cache is quick and easy. Simply follow the instructions in the Help files located within those programs. You may also wish to set a specific maximum file size for your cache folder, so that it is not allowed to run rampant.

4. Empty your mail programs of clutter.

It's easy to browse through your email and leave old messages there, promising yourself you'll sort them out later. One or two messages don't take up much space, but hundreds certainly do. Take the time to sort through these old emails now and delete what is not important. Create folders and organize what is left. Make it a habit that when new emails come in, they are either filed immediately or thrown away. Set your email program to empty your deleted items folder each time you close your mail program.

5. Empty your recycle bin.

Once you've emptied your drive of cluttering, unnecessary programs; empty your recycle bin to remove what has been placed there in the process.

6. Scandisk and Defrag.

When Windows installs programs, it will put the files it needs anywhere that it finds free space, and not directly after the last program installed. As a result, your hard drive has patches of empty space on it that are not big enough to fit a full program, and will result in a drive space error if you attempt to install something new. Scandisk your drive to check for lost file fragments and to fix any errors it finds, then Defrag to pack all of the program files together at the beginning of your drive. This will clear out those empty patches and move all of the free space you've just created to the end of your drive.

Now that you've got it clean, keep it that way. Perform this quick maintenance routine every week. For your work computer, Friday afternoon before you leave for the weekend is the perfect time. When you return to work on Monday, you'll have a computer that is clutter-free and as responsive as it should be.

Organize your surfing habits. Direct all of your downloads to the same folder, so that you can easily find them and delete them when necessary, or move them to zip disks for storage. Keep track of the programs that you install. For trial versions, note the date that they will expire on a calendar. This will remind you to uninstall the programs that you can no longer use rather than allowing them to clutter up your drive. Also, if you run into problems, keeping track of new downloaded and installed programs and the date they were installed can help you track down the cause of problems.

Remember that the cleaner your hard drive is, the better your machine will respond! In order for your computer to be user friendly, it must have a friendly user. Be your computer's best friend and clean out the cobwebs regularly.

RESOURCES:

Microsoft Windows XP: Tips and Tricks

http://www.microsoft.com/windowsxp/using/setup/tips/default.mspx

-- Webdude, "E" Team Webmaster

Membership Enhancement Coordinators

Hello to all my friends in GWRRA. I think I am finally getting the hang (understanding) of our duties as MED's.

To begin this letter, I would like to say that it is always a pleasure to serve in any capacity in such a wonderful organization, and that we look forward to enhance, encourage, increase, improve, heighten, introduce and reintroduce the membership in our chapter to those who are active and those who are at present not active. We will also talk to Gold Wingers who have not heard of GWRRA. We will fulfill our duties by phone calls and talking to those we meet on the streets or wherever possible. We will also bring fun and ideals to our gatherings to make you more interested in wanting to come and enjoy fellow shipping with others who share our one common interest.

Katina and I had the opportunity of taking the GWRRA Horizon Program (class) in Lynchburg, VA. I encourage all of you if at all possible to engage in such an enlightening experience. If there is anything you want to know about GWRRA that is the class you should take. While there, we met many new friends from many chapters in the Virginia District. There is a famous saying that goes like this, "If you always do what you always did, you will always get what you always got". Why did I say that? Well, if we do not sacrifice a little and broaden our horizons, we will just only know what's happening in our chapter.

When I focus my attention on last year and the many things we as a chapter accomplished, I (we) are looking forward to bigger and better things in 2008. With your continued support our chapter can move forward and grow to heights this chapter has never seen before

As usual, it is always a pleasure to serve you as the Membership Enhancement Coordinator's anytime and anyplace.

Sly & Tina

MED's

APRIL	2008	CHAPTER E BATTLEFIELD WINGS					
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		1	2	3	4	5 <u>VA-W</u>	
6	7	8 STAFF MEETING	9	10	11	12 VA-I VA-C	
13 <u>VA-L</u>	14	15	16 GENERAL MEETING	17	18	19 <u>VA-X</u>	
20	21	22	23	24 TENNESSE DISTRI CT	25 TENNESSE DISTRI CT	26 <u>VA-J VA-O</u> <u>VA-E</u>	
27	28	29	30		_	_	

UPCOMING EVENTS:

APRIL 5: VA-W CHESTER SPAGETTI DINNER http://www.gwrrava.org/images/vawdinner08.pdf

APRIL 12: VA-I MANASSAS BULL RUN http://www.gwrrava.org/images/vaipoker08.pdf

VA-C NEWPORT NEWS SPRING THAW http://www.gwrrava.org/images/vacspring08.pdf

APRIL 13: VA-L CHESAPEAKE PRE-TAX DAY POKER RUN http://www.gwrrava.org/images/valtax08.pdf

APRIL 19: VA-X SALEM BIKE SHOP http://www.gwrrava.org/images/vaxbike08.pdf

MANASSAS HONDA OPEN HOUSE

APRIL 24TH – 26TH TENNESSEE DISTRIC SPRING FLING http://www.tngwrra.org/Downloads/WebRegistrationForm.pdf

APRIL 26TH- VA-J SOUTH BOSTON BOYS HOME RIDE

VA-O WILLIAMSBURG BIKE CHALLENGE

MS WALK DOWNTOWN FREDERICKSBURG

MAY 3: VA-R Harrisonburg A "Time" to Ride http://www.gwrrava.org/images/varride08.pdf

MAY 10: VA-E FREDNECKSBURG E-LIM-PIKS

May 17: VA-P Charlottesville Great Adventure

VA-E Maintenance Day

May 18: Triathalon

May 29-31: Region N Rally http://www.region-n.org/Region-2008Rally.html

June 1: Richmond Ride for Kids

VIRGINIA DISTRICT AGENDA FOR 2008:

http://www.gwrrava.org/vaevents.html







COFFEE & DOMENTS EARLY MAY 10, 2008 CHAPTER 'E' FREDERICKSBURG, VIRGINIA 3RD ANYUL









DOCS SLOPPY I'S & OTHER VITTLES

STARTING TIME: 9:00 A.M.

LUNCH 12:00 P.M. AWARDS 1:00 P.M.

DIRECTIONS:

Take Route 3 West from I-95 or Rt 1. Approximately 3 miles from i-95 turn left on old plank road

Turn left at stop sign onto Cherry road. moose lodge is on the left

FIDULTS \$10.00 COUPLES \$18.00 CHILDREN 7-12 - \$4.00 COY'S OUR GUESTS



Visit with us for our Chapter Meetings the

3rd Wednesday of each month

DYNASTY BUFFET - FOUR-MILE FORK

Meet at 6:30 pm to Eat

Meeting begins at 7:30 pm

RETURN TO CALENDAR

STAFF MEETINGS ARE SCHEDULED FOR THE FIRST

MONTH

TUESDAY OF EACH

MEET AT 6:30 PM TO EAT

MEETING STARTS AT





2312 Plank Road Fredericksburg, Virginia 22405

> Mon - Thur 11 - 10 Fri - Sat 11 - 11 Sun 11:30 - 9:30







Locations in Fredericksburg, Stafford, Aylett, Midlothian, Richmond and Lynchburg, Virginia & Hillsborough, North Carolina Coming to King George soon!

Buon Appetito!

RETURN TO CALENDAR

Chapter E Birthdays



March

04 Russell Emily

10 Joe Pittman

14 Anthony Davis

15 Ed Hoeferkamp

15 Carrie Seabrook

16 Sly Savage

20 Bob Dorminey

21 Eva Hayes

22 Greg Kestner

23 Josephine Butler

23 Darlene Jaeger

27 Lloyd Messner

29 Lou Mitchell

29 Theresa Zino

April

02 Linda Jones

26 Keri Nelson

27 Anne Gilbert

Chapter E Anniversaries



March

20 Mike & Carol Lucas

20 Jonathan Newman & Marla Kennedy

22 Bob & Ella Dorminey

28 Gordon & Julie Combs

<u>April</u>

08 Bob & Sandy Renner

14 Nolan & Liz Clark

19 Lloyd & Mary Messner

CHAPTER E MEMBER NEWS AND HIGHLIGHTS



CHICKEN WITH RICE

1 can cream of mushroom soup

2 cans water

1 pkg. Onion soup mix

1 cup uncooked rice

COMBINE THESE ITEMS

Grease a 9x13 pan. Sprinkle rice on bottom. Place chicken, skin side up on rice. Pour liquid over and bake $1-\frac{1}{2}$ hours at 350° .

SUBMITTED BY: KAREN KESTNER